



The Cob

(Kernels of information with Christ On Board)

Catholic Daughters of the Americas

Court Plainview, MN — No. 497— Plainview, MN 55964

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MISSION STATEMENT: Catholic Daughters of the Americas strives to embrace the principle of faith working through love, in the promotion of justice, equality, and the advancement of human rights and human dignity for all.

REMEMBER IN YOUR PRAYERS:

- ⇒ Deceased members of our Court—especially Sandie Heimerman and Dorothy Mullenbach—may they rest in peace.
- ⇒ Tom Jacobs—son of Rita Jacobs—who passed away recently. May he rest in peace.
- ⇒ Our priests, deacons, and lay ministers.
- ⇒ Our seminarians—Gregory Sauer and David Trout (St. Paul Seminary), David Maslow (St. John Vianney College), Matthew Goldammer (Pontifical North American College), and Robert Scanlon (Immaculate Heart of Mary Seminary).
- ⇒ The unborn.
- ⇒ Sisters M. Jennifer and M. Sara (Angela Carlson's daughters).
- ⇒ Sister Emmanuel Schmidt (Linda Schmidt's daughter).
- ⇒ Kathy Steffen, as she battles cancer.



MOTTO

The purpose of the organization is to participate in the religious, charitable, and educational Apostolates of the Church. Catholic Daughters of the Americas engages in creative and spiritual programs which provide its members with the opportunity to develop their God-given talents in a meaningful way to positively influence the welfare of the church and all peoples throughout the world.

WHAT IS A CATHOLIC DAUGHTER?

- She is a common ordinary woman.
- She loves her God and church.
- She loves her family and cares for them in a most loving way.
- She loves her community — because without faith, family, and friends, she stands alone and lonely.
- She is mature (over 18) in mind and spirit.
- She follows the motto of Unity and Charity by working for the church, family, and community.
- By her membership, many charities are supported in the state, national, and local levels.

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State Regent Comments



State Regent,
Evonne Seivert

What do you need a constant supply of in your life? I am talking about your spiritual and emotional needs. Now, I am not a theologian, but I know I need to be living for Jesus a life that demonstrates my faith in Him. My spiritual self needs nurturing just as my physical self does. How about you?

As I was thinking about this, I wondered just what I should be doing to help the emotional and spiritual lives of those with whom I come in touch with, as well as my own. I am in this world to share God's word and show loving kindness to others. You know, "do unto others as you would have them do unto you." Here's what came to mind: We can give loving acts to others on an everyday basis; these gifts have a value beyond what we will ever know. An act of loving kindness is like a pebble dropped in a pond...it carries ripples outward. These acts often become life giving, life strengthening, and life sustaining. They have the power when coming as a God loving act and have the potential to change another person's future. So, what am I talking about? What are these special words that can mean so much?

Try giving "encouragement." Fortify others...sometimes your words are all they need and God had you at that place at that moment to give them. There are many other life encouraging concepts you can give; here are some you can try...or try giving them all to those in your life. The Holy Spirit will give you the strength. As for the power to share.

- Give acceptance and approval; give admiration and appreciation.
- Share joy and loving feelings; give peace and calm as only you can.
- Give a listening ear without interrupting; give time just sitting quietly together.
- Make someone feel important; give them time, their space, and help them feel needed.
- Give undivided attention; give the gift of kindness.
- Acknowledge others' feelings; feelings are real.
- Give cooperation and assistance. Oh yes, and don't forget to forgive!
- Affirm another's existence and share that God has a plan for their existence.

There is a world of wonderful actions out there that influence the giver and the receiver. Don't be surprised that, when you give someone one of these gifts, you receive a blessing yourself.

You may think of many other ideas that will improve your quality of life and the lives of others; just look at the Spiritual and Corporal Works of Mercy. God has a plan; follow His lead!

In Unity and Charity,
Evonne Seivert, MN State Regent

For more State CDA information, visit our website: www.mncda.com.

The Corporal Works of Mercy

- Feed the hungry
- Give drink to the thirsty
- Clothe the naked
- Shelter the homeless
- Visit the sick
- Visit the imprisoned
- Bury the dead

The Spiritual Works of Mercy

- Admonish the sinner
- Instruct the ignorant
- Counsel the doubtful
- Comfort the sorrowful
- Bear wrongs patiently
- Forgive all injuries
- Pray for the living and the dead

National CDA Regent's Message

PRIDE & JOY



National Regent,
Helene Shepard

(Taken from the Fall 2017 issue of SHARE).

Dear Catholic Daughters:

Have you ever heard someone use the expression, "This is my pride and joy?" Usually, they are referring to another person or something very valuable in their life. Maybe it is someone or something that enhances the quality of their life, provides a state of contentment, or is a source of happiness. Sometimes it is even something that they feel they could not live without.

Joy isn't just a smile or laugh. Joy is something that is deep within and doesn't leave quickly. Joy is an important part of our Christian heritage. It is mentioned 88 times in the Old Testament and 57 times in the New Testament. St. Paul spoke to the Church in Thessalonica, saying "...you are our glory and joy" (1 Thess 2:20). To the church at Philippi, he wrote "...you complete my joy by being of the same mind, having the same love, being in full accord and of one mind (Phil 2:2).

In our organization, our members are our source of joy. The word "organization" comes from "organism," meaning a system made up of parts that are dependent on each other. We depend on the members of CDA to be the "Face of CDA" to the communities in which they live. A strong, active

membership keeps us close to the community we support. Sometimes the members of a local court are the only contact others will have with CDA.

It is the members who provide us with the necessary feedback we need to make improvements and adjustments in our goals

and in our mission. The members in the courts throughout the world interact on a daily basis with their communities. They take theories and policies and put them into action. They experience firsthand what works and what still needs tweaking. Without the input of our members, we face the possibility of becoming obsolete or out of touch with the people we serve. Members coming together at meetings and State and National Conventions share ideas, successes, and failures which can then be discussed, implemented, or remedied as the situation demands. This type of interaction from the individuals helps keep CDA on the right track. A strong membership tells the world that we are alive, healthy, and growing.

As an organization composed solely of women, we are specially attuned to the needs of our society. Pope Francis, in his recent encyclical *Evangelii Gaudium*, makes this point:

"The Church acknowledges the indispensable contribution which women make to society through

the sensitivity, intuition, and other distinctive skill sets which they, more than men, tend to possess" (Chap. II, 103).

In addition to the sensitivity, expertise, and hard work of our members, it is also the great generosity of the members who provide the financial backing that allows us to continue our activities in the Circle of Love. Families, seminarians, victims of natural disasters, the aged, the sick, and children are all enriched through our various charities.

Finally, the joy is evident in the spiritual journey and growth of each member. Through their faithful participation in the liturgy and various spiritual activities, such as communal rosaries and days of prayer, members become "disciples filled with joy and with the Holy Spirit" (Acts 13:52).

It is the success of the members that created the success of The Catholic Daughters of the Americas. Therefore, it is true to say our members are the "pride and joy" of Catholic Daughters. God bless you as you begin another CDA year.

In Unity & Charity,
Helene Shepard
National Regent

For more National CDA information, visit our website: www.catholicdaughters.org.



National Clergy Consultant's Message



Fr. Jeffrey J. Maurer
National Clergy
Consultant

(Taken from the Fall 2017 issue of SHARE).

You are the joy in CDA!

“There are some folks who light up a room when they walk in...and others who light it up after they’ve gone!” Olga Samaniego, our National

Regent-Elect, spoke this funny, yet true, line about the difference in disposition of the joyful discipline or the “Debbie Downer.”

In the priesthood, in parishes, in jobs, in courts, and in life we know that the difference between these two people is not the conditions of the court, the climate of the culture, or the challenges we face, but the person who takes them on. Joyful folks don’t close their eyes to challenges; they simply don’t let them control their lives. Negative folks will always cry at a carnival, whereas joyful folks can whistle while they work.

As Catholic Daughters, be you a Regent, Treasurer, Secretary, or Member, be the “JOY” in CDA! Help one another! Your love, faith, and unity in your courts should exude from your own happiness with one another. This is essential, especially for members who have been around for years, and it will be imperative to drawing new members to your courts.

“**You are the Joy in CDA!**” This was the opening line of the State Officers’ Conference in Belleville, IL. It is also the theme to bring forward throughout the year. As we get back to school, work, or our courts and parishes, I hope we can bring that **JOY** to the people in our lives.

God bless you.

Fr. Jeffrey J. Maurer
National Clergy Consultant

Comments from Deacon John DeStazio, ofs



Deacon
John F. DeStazio,
ofs

Happy New Year! It is common this time of year to make resolutions to change our ways of eating, or stop smoking, or exercising, to name a few. It is also a good time to look at, or create, your “Plan of Life.” What are your priorities? How does

God fit into your daily life? Putting God first and recognizing him daily can make the biggest change in your life.

Remember: God has a plan for your life. The enemy has a plan for your life. Be wise enough to know which one to battle and which one to embrace.

Blessings and prayers for the new year!

Deacon John F. DeStazio, ofs

A PLAN OF LIFE

“TRY TO COMMIT YOURSELF TO A PLAN OF LIFE AND TO KEEP TO IT...”

...a few minutes of mental prayer,
...Holy Mass — daily, if you can manage it — and frequent Communion;
...regular recourse to the Holy Sacrament of Forgiveness — even though your conscience does not accuse you of mortal sin;
...visiting Jesus in the Tabernacle;
...praying and contemplating the mysteries of the Holy Rosary...”

Comments From Our Regent — Plainview Court



Plainview Regent,
Rita Young

The hope and waiting of the Advent season has blossomed into the joy of the birth of Jesus Christ. Soon we will be following Jesus on the journey of his suffering and death. As the liturgical year unfolds, seek out ways to celebrate your faith in your daily life. Your actions will have the biggest impact, but daily reflections are at your fingertips, so take just a couple minutes to listen or to read. My favorites are Bishop Robert Barron's daily reflection on the Gospel (wordonfire.org) and the Dynamic Catholic daily reflection (dynamiccatholic.com) by Matthew Kelly and others. I also like Pope Francis on Twitter, and I am inspired by his daily tweets. Here are some of his recent tweets:

- "Heaven doesn't value what you have, but what you give."
- "May the Lord grant us the wisdom to seek that which is worthwhile and to love, not with our words, but with our actions."
- "No child of God can be discarded in His eyes. He entrusts a mission to each one of us."

For those who do not use the Internet, there are many publications available as well. The *Magnificat* magazine, for one, is a treasure trove of beautiful reflections, prayers, and information on the saints.

I encourage you to tap into some of the many resources available that will strengthen your faith and lift you up in times of need.

Blessings for a wonderful New Year!

Rita Young, Regent

57th Biennial National Convention

Delegates and alternates to the National Convention will be elected at our monthly meeting on February 19, 2018, at 1:15 p.m. at Green Prairie Rehabilitation Center. The National Convention will be held July 17-22, 2018, in Sioux Falls, SD. Our Court is entitled to 2 delegates and 4 alternates. Please contact Rita Young if you wish to be considered for one of these positions. Thank you.

Spiritual Adoption

Our Spiritual Adoption Project is underway. Please participate by completing a pledge card and saying the prayer provided to save an unborn child from abortion. We will celebrate the "birth" of our babies at our monthly meeting on October 15, 2018.

SPIRITUALLY ADOPT-A-BABY

I, _____, will pray daily:



Jesus, Mary and Joseph
I love you very much.
I beg you to spare the life
of the unborn child that I
have spiritually adopted who is
in danger of abortion.

-- Archbishop Fulton J. Sheen

Baby's Name: _____
(choose a name for your baby)

Due Date: _____
(9 months from today)



January / February / March Upcoming Events

Saturday & Sunday, 1/13 & 1/14
St. Joachim's & Immaculate Conception
Project: Cinnamon Rolls After Masses
Committee: Rita Young (Chair); Angela Carlson, Alice Deming, Sharon Durgin, Kourtney Hebert, & Janet Rahman

Monday, 1/15
Green Prairie Assisted Living
Rosary @ 1:15 p.m. & Meeting @ 1:30 p.m.
Project: Rosary Making
Sharon Schouweiler (Chair)
Lunch Committee: Alice Deming (Chair) & Sharon Schouweiler

Friday, 2/9 (???)
Project: Valentines Baskets
Committee: ??? (Chair); Rosy Krier, Marilyn Krusmark, Darlene Miller, Mary Lou Petit, Bea Rahrman, Linda Schmidt, & Jean Speedling

Saturday & Sunday, 2/10 & 2/11
St. Joachim's & Immaculate Conception
Project: Cinnamon Rolls After Masses
Committee: Karen Reinschmidt (Chair); Darlene Goergen, Sue Kennebeck, Elaine Martin, Rosemary Marx, & Mary Sheehan

Wednesday, 2/14
Ash Wednesday
Watch bulletin for Mass schedule.

Thursday, 2/15
St. Anne's Hall
Project: Lenten Lunch—12:30 p.m.
Lunch Committee: Deb Blattner (Chair); Carol Boyle, Rosemary Koenig, Mary Lou Petit, & Sharon Schouweiler

Monday, 2/19
Green Prairie Assisted Living
Rosary @ 1:15 p.m. & Meeting @ 1:30 p.m.
Project: Rosary Making
Sharon Schouweiler (Chair)
Lunch Committee: Helen Bates (Chair) & Jean Speedling

Thursday, 2/22
St. Anne's Hall
Project: Lenten Lunch—12:30 p.m.
Lunch Committee: Barb Haley (Chair); Betty Cronin, Alice Deming, Carol Graner, Dianne Johnson, & Rosy Krier

Thursday, 3/1
St. Anne's Hall
Project: Lenten Lunch—12:30 p.m.
Lunch Committee: Jessica Andring (Chair); Kourtney Hebert, Janet Rahman, Jean Speedling, & Bonnie Zell

Sunday, 3/4
Immaculate Conception
Project: Sunday Brunch
Served from 9:00-11:00 a.m.
Committee: Volunteers needed
Food donations welcomed

Thursday, 3/8
St. Anne's Hall
Project: Lenten Lunch—12:30 p.m.
Lunch Committee: Rita Young (Chair); Helen Bates, Mary Cummins, Rosemary Marx, & Karen Reinschmidt

Saturday & Sunday, 3/10 & 3/11
St. Joachim's & Immaculate Conception
Project: Cinnamon Rolls After Masses
Committee: Rita Young, Jessica Andring, Rita Jacobs, Linda Schmidt, Marge Schouweiler, & Jean Speedling

Thursday, 3/15
St. Anne's Hall
Project: Lenten Lunch—12:30 p.m.
Lunch Committee: Joann Klavetter (Chair); Angela Carlson, Marge Schouweiler, & Kathy Steffen

Monday, 3/19
St. Anne's Hall
Rosary @ 6:30 p.m. & Meeting @ 6:45 p.m.
Nominations for Officers
Project: Birthright Baby Shower
Bea Rahrman (Chair)
Lunch Committee: Barb Haley (Chair); Kris Miller & Bonnie Zell

Thursday, 3/22
St. Anne's Hall
Project: Lenten Lunch—12:30 p.m.
Lunch Committee: Jean Klavetter (Chair); Joanie Lyons, Darlene Miller, Kris Miller, & Kathy Schmidt

January 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

February 2018

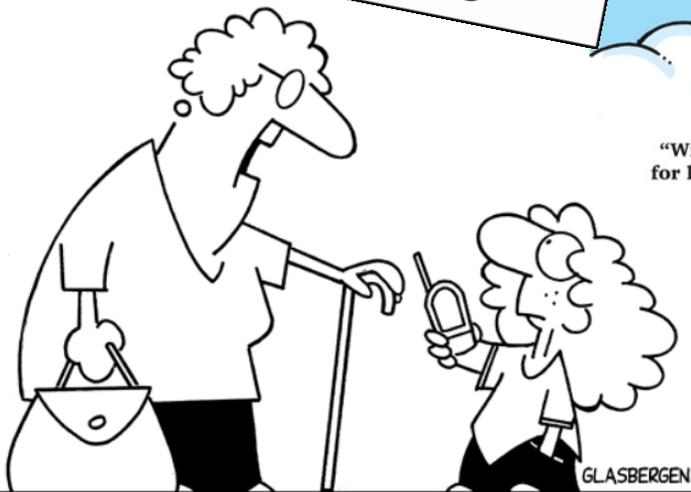
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

March 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



“Wind-powered wings for transportation, solar-powered halos for light...why aren't they using this technology back on Earth?”



“Wireless communication is nothing new. I've been praying for 75 years!”



Ash
Wednesday



S S O R C E H T F O N G I S N
T L A O O B Y F C Y G M L X O
V Z E C E T W H A A L O J G I
A J E N R C F D B K T U Z V T
G C I O T I N R G R F R Q Z A
Z Z F G G U F E X E A N I A G
C R H H S A G I N Y U I N T I
L D B M S U W Q C I R N U F L
J Z L I O X A F A E T G A Z B
S A M O R T A L I T Y S V V O
P E I X C U C K A J T V B B Y
I D H X N O R A G I H Y X A P
P C I S X D E C N A N E P P X
H Y N L A B T G X X B O I N Q
Z Z Z K P O C D U S T S Y W P

ABSTINENCE
DUST
LENT
OBLIGATION
SACRIFICE

ASHES
FASTING
MORTALITY
PALM SUNDAY
SIGN OF THE CROSS

CROSS
FORTY
MOURNING
PENANCE